SOMETHING HIGHER AND BETTER · VOLUME 1

Plan Your Quarter: The Duty of Self-Denial

Twelve lessons and one flex week fill a 13-week quarter. Write in your dates, then check off each week as you teach it.

TRAIN FOR ETERNITY

CHURCH _____ CLASS _____ TEACHER _____ FIRST SUNDAY _____

WEEK	DATE	LESSON	READ IN WATSON BEFORE CLASS	MEMORY VERSE	DONE
1		**Denying Ourselves: The Call**	To the Reader; Ch. 1; Ch. 2, Question 1; Ch. 3 and 4 · 15 min	Luke 9:23	☐
2		**Denying Our Reason**	Ch. 2, Question 2, and point 1, "Reason" · 10 min	Proverbs 3:5-6	☐
3		**Denying Our Will**	Ch. 2, point 2, "Will" (short: read it twice) · 5 min	Luke 22:42	☐
4		**Denying Our Own Righteousness**	Ch. 2, points 3 and 4, "Our Own Righteousness" and "Self-Confidence" · 10 min	1 Corinthians 10:12	☐
5		**Denying Our Self-Conceit**	Ch. 2, point 5, "Self-Conceit" · 15 min	1 Corinthians 4:7	☐
6		**Denying Our Appetite and Ease**	Ch. 2, points 6 and 7, "Appetite" and "Ease"; Ch. 5 · 15 min	1 Corinthians 10:31	☐
7		**Denying Our Carnal Policy and Fashions**	Ch. 2, points 8 and 10, "Carnal Policy" and "Sinful Fashions" · 10 min	Romans 12:2	☐
8		**Denying Our Passions and Rash Censures**	Ch. 2, point 9, "Inordinate Passions"; point 12 on rash censuring · 10 min	James 1:19-20	☐
9		**Denying Our Own Aims**	Ch. 2, point 11, "Our Own Aims" · 10 min	John 3:30	☐
10		**Denying Our Master Sin**	Ch. 2, point 12, "Ungodliness" (the complexion-sin); Ch. 6 · 10 min	Romans 6:14	☐
11		**Denying Our Relations, Estate, and Life**	Ch. 2, points 13 to 15, "Relations," "Estate," and "Life" · 15 min	Luke 14:33	☐
12		**Denying Ourselves by Grace**	Ch. 7 and 8 · 10 min	Philippians 2:5-7	☐
13		**Flex week**	Review (the Leader's Edition has an optional review session), a holiday, a guest speaker, or a missions report. Move this row to wherever your calendar needs it.		☐

BEFORE THE QUARTER

- Get a Leader's Edition for each teacher.
- Order Participant Guides on Amazon, or print your own under a church license.
- Point the class to the free reading edition of Watson at trainforeternity.com.

THE SUNDAY BEFORE WEEK 1

- Hand out guides and the reading edition.
- Assign the Lesson 1 reading (about 15 minutes).
- Each week after, assign the next lesson's reading at the end of class.

EACH CLASS

- 45-minute plan in the Leader's Edition, with ideas for 60 minutes.
- Missed a reading? Come anyway. The Scripture study and discussion still help.